



Services offered by WACOG Area Agency on Aging

- **Benefits Enrollment Center (BEC)** Provides application assistance to programs that help pay for food, utilities, and more.
- **State Health Insurance Assistance Program (SHIP)** Free Medicare benefits counseling
- **Senior Coordinated Case Management**
- **Family Caregiver Support Program**
- **In-home Care Services**
- **Adult Day Care**
- **Long Term Care Ombudsman**
- **Health and Wellness Programs**

For more information on these and other services, please call
WACOG Area Agency on Aging

1-800-782-1886

*Strengthening Communities,
Empowering People
Since 1971*

Main Office

1235 S. Redondo Center Drive
Yuma, AZ 85365
1-800-782-1886
Open Monday - Friday,
8 am - 5 pm except federal
holidays

Kingman Office

208 North 4th Street
Kingman, AZ 86401
928-753-6247

www.wacog.com

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La Paz County Quick Reference for Older Adults



Transportation
Legal Assistance
Senior Nutrition Centers
...and more!

1-800-782-1886

Transportation

La Paz County Transit

Rides are scheduled to destinations such as grocery, senior center, medical, etc. for people ages 60+, disabled and caregivers. Please contact La Paz transit at **928-669-6155** to register.

Quartzsite Camel Express

Rides are scheduled to destinations such as grocery, senior center, medical, etc. for people ages 60+, disabled and caregivers. Please contact Camel Express to register **928-927-4333** option 3.

WACOG Rider Assistance Program

Mileage reimbursement at the rate of 37 cents per mile for grocery, social service, medical, or senior center trips. For information contact WACOG at **928-217-7162**. Eligibility: age 60 & over or persons with disabilities. No household member of the participant may be designated as a driver.

Legal Services

Free legal assistance for persons age 60 & over for powers of attorney, wills, stop collection effort letters, and more available from Pinal-Gila Council for Senior Citizens. Call **1-800-293-9393** for more information.

SHIP

A State Health Insurance Assistance Program Counselor is available by appointment only at the locations listed below in La Paz County by calling **1-800-782-1886**:
Parker Community Senior Center
Quartzsite Public Library

Senior Nutrition

All centers offer a calendar of activities including wellness classes, bingo, art, and more. Contact Parker Community Senior Center for more details.

Parker Community Senior Center*

Congregate Meal Site
1115 12th Street
Parker, AZ 85344
928-669-9514

Home Delivered Meals provider. Call **1-800-782-1886 for more information.*

PLEASE NOTE: Transportation and Nutrition services subject to waitlists due to utilization and funding constraints.

Caregiver Zones

Print and digital resources for caregivers.

Parker Community Senior Center

1115 12th Street
Parker, AZ 85344
928-669-9514

Quartzsite Public Library

465 Plymouth Road
Quartzsite, AZ 85346
928-927-6593

Virtual Caregiver Support Group

Held bi-weekly on Wednesdays at 10 a.m. via Zoom. Go to wacog.com to register or call **928-377-4694**.

Health and Wellness

Evidence based health education available through various classes throughout the community.

- Falls Prevention
- Mental Health Education
- Aging Well & Remaining Active Programs

Other WACOG Services

Energy Assistance and Education

Rental Assistance

& Holistic Case Management

Call **1-877-829-2264** and leave message to schedule appointment.

A Hand Up: Housing Counseling

Housing counseling includes reverse mortgage counseling and default mortgage counseling. Call A Hand Up at **928-217-7161** (English) or **928-217-7160** (Spanish) for more information.

Head Start

Income based preschool program for eligible families. Call **928-217-7145** for more information.



Interested in Volunteering?

Various volunteer opportunities available. For more information please call **1-800-782-1886**.